

## PREVAGE<sup>®</sup> MD Anti-aging Treatment Patient Instructions

### Precautions

Skin reactions have been reported following the use of **PREVAGE<sup>®</sup> MD** anti-aging treatment. Such reactions have been reported commonly following product use but most are mild and clear up by discontinuing use of the product. There have been rare reports of rashes away from the site of application, swelling, and allergic reactions. Although rare, some of these allergic reactions have been severe, such as anaphylactic reactions or contact dermatitis and required medical attention, including treatment with systemic corticosteroids. Do not use this product if you are sensitive to any of its ingredients. Avoid contact with your eyes and mouth.

Skin reactions may be more likely in individuals with sensitive skin, eczema, or allergies to cosmetics, hair dyes (para-phenylenediamine (PPD)), bleaching agents (hydroquinones), sulfa compounds, or jewelry. Patients undergoing medical procedures such as laser resurfacing, dermabrasion, chemical peels, or any other aggressive skin therapy may also be at increased risk of experiencing skin reactions.

Skin reactions are more likely to occur within the first several days of use. However, in some cases, skin reactions have also been reported after weeks to months of continuous product use as people may become sensitized to the product. Physicians and patients should be aware that such reactions may occur at any time during use.

If any itching, burning, redness, or swelling occurs, wash the product off and discontinue use. If this does not improve the reaction, contact your dispensing physician to discuss your reaction or seek further medical attention immediately. Do not reapply.

### Usage Directions

#### Test usage of PREVAGE<sup>®</sup> MD

Skin reactions to **PREVAGE<sup>®</sup> MD** anti-aging treatment may be more likely to occur within the first several days of using the product. For this reason, before beginning to use **PREVAGE<sup>®</sup> MD** on a regular basis, apply a small amount of product (less than one pump) daily for several days to a small area of skin in the area you plan to use the product. If any itching, burning, redness, or swelling occurs during this trial period, wash the product off and discontinue use. Contact your dispensing physician to discuss your reaction and to receive a refund. If no reactions occur, follow the instructions below.

#### Regular usage of PREVAGE<sup>®</sup> MD

If you have normal skin sensitivity, after following the "Test usage of **PREVAGE<sup>®</sup> MD**" instructions and if no reactions are seen, begin using **PREVAGE<sup>®</sup> MD** anti-aging treatment once a day for the first week, and, if tolerated, twice a day from then on. If any itching, burning, redness, or swelling occurs at any time while using the product, wash the product off, discontinue use, and consult your dispensing physician as needed.

### Special Directions

#### For people with sensitive skin:

Skin reactions may be more likely in individuals with sensitive skin, eczema, or allergies to cosmetics, hair dyes (para-phenylenediamine (PPD)), bleaching agents (hydroquinones), sulfa compounds, or jewelry. Patients undergoing medical procedures such as laser resurfacing, dermabrasion, chemical peels, or any other aggressive skin therapy may also be at increased risk of experiencing skin reactions.

#### For use in combination with other products:

Skin reactions to **PREVAGE<sup>®</sup> MD** anti-aging treatment may be more common in individuals who are using multiple skin care products. If you are currently on an aggressive skin care regimen, your skin may become more sensitive to **PREVAGE<sup>®</sup> MD**.

#### For use with other medical procedures:

Skin reactions to **PREVAGE<sup>®</sup> MD** anti-aging treatment may be more common in individuals who have recently had certain medical skin care procedures. If you have recently undergone laser resurfacing, dermabrasion, medium to deep chemical peels, or any other aggressive skin therapies, you should wait 7 to 10 days before starting to use **PREVAGE<sup>®</sup> MD**.

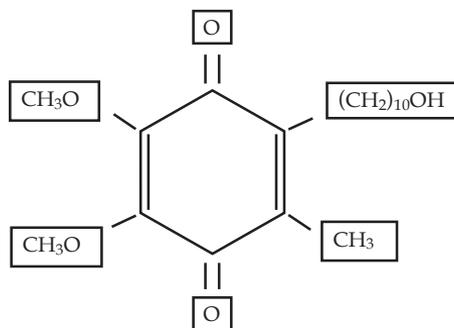
It is important that you first perform the "Test usage of **PREVAGE<sup>®</sup> MD**" directions as outlined in the Usage Directions section. If you do not experience a reaction following this test, begin using **PREVAGE<sup>®</sup> MD** once every other day for the first week of use. During this time, if you experience any itching, burning, redness, or swelling, wash the product off, discontinue use, and consult your physician. If you do not experience any skin reactions during this one-week period, increase product usage to once a day for the next week, and to twice a day the following week.

#### INGREDIENTS:

PURIFIED WATER, CYCLOPENTASILOXANE, DIMETHICONE/VINYL DIMETHICONE CROSSPOLYMER, PENTYLENE GLYCOL, PEG-8, ISOPROPYL LAUROYL SARCOSEINATE, GLYCERIN, PHOSPHOLIPIDS, ALGAE EXTRACT, AMMONIUM ACRYLOYLDIMETHYL TAURATE/VP COPOLYMER, HYDROXYDECYL UBIQUINONE, MICA, PHENOXYETHANOL, SODIUM PCA, UREA, SODIUM ACRYLATE/ACRYLOYLDIMETHYL TAURATE COPOLYMER, POLYPHOSPHORYLCHOLINE GLYCOL ACRYLATE, CAMELLIA SINENSIS LEAF EXTRACT, PPG-2 ISOCETETH-20 ACETATE, POLYISOBUTENE, CHLORPHENESIN, BENZOIC ACID, AMMONIUM ACRYLOYLDIMETHYLTAURATE/BEHENETH-25 METHACRYLATE CROSSPOLYMER, METHYLPARABEN, TREHALOSE, BUTYLENE GLYCOL, POLYQUATERNIUM-51, DIMETHYLMETHOXY CHROMANOL, BUTYLPARABEN, SORBIC ACID, ETHYLPARABEN, PROPYLENE GLYCOL, CAPRYLYL/CAPRYL GLUCOSIDE, PROPYLPARABEN, ISOBUTYLPARABEN, SODIUM HYALURONATE, TITANIUM DIOXIDE, AND RED 4.

#### About Idebenone

Idebenone (6-(10-hydroxydecyl)-2,3-dimethoxy-5-methyl-1,4-benzoquinone) is a synthetic analog of naturally occurring co-enzyme Q10 (ubiquinone) with the following chemical structure and molecular weight:



W = 338.45

Idebenone is not a new compound. However, its use in topical skin care products is novel.

#### Questions or Comments?

☎ 800.377.7790

M-F 6 AM - 4:30 PM Pacific Time

[www.prevagemd.com](http://www.prevagemd.com)

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