



For optimum absorption

## AquADEKs® Chewable Tablets (aqua-dex®) Multivitamin and Mineral Supplement

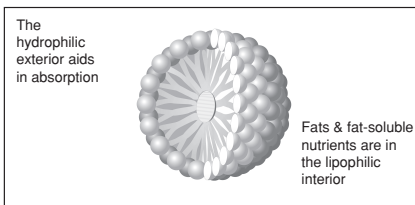
### KEY FACTS

- Formulated to meet nutritional guidelines and the latest scientific evidence
- Safely and effectively increases plasma levels of fat-soluble nutrients and antioxidants
- Antioxidants reduce oxidative stress in the body\*
- Vitamin D and K help improve bone health\*
- Independently Tested and Quality Assured

### BRIEF SUMMARY OF PRODUCT INFORMATION

AquADEKs® Chewable Tablets is a nutritional supplement specifically designed to meet the needs of those who have difficulty absorbing fat-soluble vitamins and nutrients. AquADEKs® uses microsphere technology to enhance the absorption of this antioxidant multivitamin and mineral supplement.

AquADEKs® Chewable Tablets is formulated to meet the consensus nutritional guidelines and incorporates the latest scientific evidence on antioxidants such as coenzyme Q<sub>10</sub>, beta-carotene, and gamma-tocopherol (a component of the mixed tocopherols). Research indicates that some patients have lower than normal levels of these antioxidants which can lead to increased oxidative damage. This product also contains vitamins D and K to help support bone health.\* In addition, AquADEKs® Chewable Tablets contain selenium, which is an essential cofactor for the body's own antioxidant system, and zinc.\*



AquADEKs® forms micellar-like spheres that provide fat-soluble vitamins in a form that can be readily absorbed.

### Usage Information

AquADEKs® Chewable Tablets may be used to supplement levels of the fat-soluble vitamins A, D, E, and K and other antioxidants and nutrients in children and adults who do not absorb sufficient amounts from their diets.

### Mechanism of Action

Deficiencies of one or more fat-soluble vitamins may occur in individuals whose diets are deficient in these vitamins or who for any number of reasons have difficulty in absorbing fats from their diets. Fat-soluble vitamins are absorbed after they are incorporated into micelles through the actions of the body's bile and pancreatic secretions. These micelles are spherical particles that have lipophilic (fat-loving) interiors encapsulated by hydrophilic (water-loving) exteriors that facilitate absorption of fat-soluble vitamins in the body.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### SAFETY

Safety sealed for your protection. Do not use if seal is broken or missing. Keep out of reach of children.

### CONTRAINDICATIONS

Do not take this product if you have a known sensitivity or allergy to any of the components.

Vitamin K interferes with the actions of anticoagulant therapy. Persons taking anticoagulant medications should consult their physician before taking AquADEKs® Chewable Tablets.

## DOSAGE AND ADMINISTRATION

### Recommended dosage:

Age 4-10 years . . . . . 2 tablets daily or as directed by a physician.  
Over age 10 . . . . . as directed by a physician.

**Take with food to reduce the risk of upset stomach.**

# Supplement Facts

Serving Size: 2 tablets

Serving/container: 30

	Amount per 2 Tablets	% DV†
Calories	15	
Total Carbohydrate	2 g	<1%
Sugars	2 g	*
Vitamin A (as 92% beta-carotene and 8% palmitate)	18167 IU	363%
Vitamin C (as sodium ascorbate)	70 mg	117%
Vitamin D3 (as cholecalciferol)	1200 IU	300%
Vitamin E (as d-alpha-tocopherol)	100 IU	333%
Vitamin K1 (as phytonadione)	700 mcg	875%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1.9 mg	95%
Folic Acid	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Biotin	100 mcg	33%
Pantothenic acid (as calcium d-pantothenate)	12 mg	120%
Zinc (as zinc amino acid chelate)	10 mg	67%
Selenium (as sodium selenite)	75 mcg	107%
Sodium	10 mg	< 1%
Vitamin E (as other mixed tocopherols)	30 mg	*
Coenzyme Q10	10 mg	*

\*Daily Values not established for these nutrients.

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: dextrose, calcium phosphate, sorbitol, cellulose, fructose, d-alpha-tocopheryl polyethylene glycol 1000 succinate, stearic acid, silicon dioxide, erythritol, oligofructose, mono- & diglycerides, magnesium stearate, modified food starch, gelatin, acacia, ascorbic acid, natural and artificial flavors, sugar, corn starch, soybean oil, citric acid, maltodextrin, water, sucralose, acesulfame potassium, mannitol, medium chain triglycerides, pectin, Neohesperidin DC, coconut oil, vegetable protein isolate, dl-alpha-tocopherol, less than 2% of preservatives (BHT, sodium benzoate, sorbic acid).

### HOW SUPPLIED

60 count bottle containing round chewable tablets

### STORAGE INSTRUCTIONS

Store at room temperature in a dry place away from direct light.

### Gluten Free and Casein Free

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To obtain product information or to report a serious adverse event, please contact Yasoo Health.

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