

Retreatment

BOTOX[®] for appropriate patients



Indications

Bladder Dysfunction:

Overactive Bladder

BOTOX[®] for injection is indicated for the treatment of overactive bladder with symptoms of urge urinary incontinence, urgency, and frequency, in adults who have an inadequate response to or are intolerant of an anticholinergic medication.

Detrusor Overactivity Associated With a Neurologic Condition

BOTOX[®] is indicated for the treatment of urinary incontinence due to detrusor overactivity associated with a neurologic condition (eg, SCI, MS) in adults who have an inadequate response to or are intolerant of an anticholinergic medication.

Chronic Migraine

BOTOX[®] is indicated for the prophylaxis of headaches in adult patients with Chronic Migraine (≥ 15 days per month with headache lasting 4 hours a day or longer).

Limitations of Use

Safety and effectiveness have not been established for the prophylaxis of episodic migraine (14 headache days or fewer per month) in 7 placebo-controlled studies.

Adult Spasticity:

Adult Upper Limb Spasticity

BOTOX[®] is indicated for the treatment of upper limb spasticity in adult patients to decrease the severity of increased muscle tone in elbow, wrist, finger, and thumb flexors (biceps, flexor carpi radialis, flexor carpi ulnaris, flexor digitorum profundus, flexor digitorum sublimis, adductor pollicis, and flexor pollicis longus).

Adult Lower Limb Spasticity

BOTOX[®] is indicated for the treatment of lower limb spasticity in adult patients to decrease the severity of increased muscle tone in ankle and toe flexors (gastrocnemius, soleus, tibialis posterior, flexor hallucis longus, and flexor digitorum longus).

Limitations of Use

Safety and effectiveness of BOTOX[®] have not been established for the treatment of other upper or lower limb muscle groups. BOTOX[®] has not been shown to improve upper extremity functional abilities, or range of motion at a joint affected by a fixed contracture.

IMPORTANT SAFETY INFORMATION, INCLUDING BOXED WARNING

WARNING: DISTANT SPREAD OF TOXIN EFFECT

Postmarketing reports indicate that the effects of BOTOX[®] and all botulinum toxin products may spread from the area of injection to produce symptoms consistent with botulinum toxin effects. These may include asthenia, generalized muscle weakness, diplopia, ptosis, dysphagia, dysphonia, dysarthria, urinary incontinence, and breathing difficulties. These symptoms have been reported hours to weeks after injection. Swallowing and breathing difficulties can be life threatening, and there have been reports of death. The risk of symptoms is probably greatest in children treated for spasticity, but symptoms can also occur in adults treated for spasticity and other conditions, particularly in those patients who have an underlying condition that would predispose them to these symptoms. In unapproved uses and in approved indications, cases of spread of effect have been reported at doses comparable to those used to treat Cervical Dystonia and spasticity and at lower doses.

Please see additional Indications and Important Safety Information on following pages.

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Retreatment

It is essential for all appropriate patients who are treated with BOTOX[®] therapy for therapeutic indications such as Chronic Migraine, Adult Upper Limb Spasticity (stiffness of the elbow, wrist, fingers, and thumb) and Cervical Dystonia to adhere to the physician-directed retreatment schedule.

Processes should be established that allow the practice to evaluate patient retreatment and ensure that patients are returning for repeat BOTOX[®] neurotoxin injections as per provider direction. The following are considerations for implementing retreatment office protocols in the practice:

1. Set appropriate patient expectations for retreatment early in the patient journey and continue to reinforce. Some important considerations for patients being treated with BOTOX[®] for Chronic Migraine include:
 - Administration for Chronic Migraine every 12 weeks¹
 - Several weeks may be required to notice a response:
 - In clinical trials for BOTOX[®] for appropriate Chronic Migraine patients, the first evaluation was at 4 weeks post injection¹
 - Patients experienced 2 treatment cycles to determine treatment effectiveness (as measured by primary end point at 24 weeks) in clinical trials
 - Progress on treatment may be tracked by the patient using a headache diary

Consider ways to ensure that patients are set up for their next injection—for example, by scheduling appointments during check-out. If the patient cannot schedule an appointment at that time, the practice may decide to utilize a reminder system that prompts a staff member to contact the patient within a set time frame. If follow-up for retreatment is left to the patient, it may cause scheduling challenges within the practice because the patient may not allow sufficient lead time to schedule an appointment per the provider’s recommended retreatment schedule.

Reference: 1. BOTOX[®] Prescribing Information, October 2019.

Indications (continued)

Pediatric Spasticity:

Pediatric Upper Limb Spasticity

BOTOX[®] is indicated for the treatment of upper limb spasticity in pediatric patients 2 to 17 years of age.

Pediatric Lower Limb Spasticity, Excluding Spasticity Caused by Cerebral Palsy

BOTOX[®] is indicated for the treatment of lower limb spasticity in pediatric patients 2 to 17 years of age, excluding spasticity caused by cerebral palsy.

Please see additional Indications and Important Safety Information on following pages.

2. Develop follow-up communication processes.

- *Reminder notifications prior to appointments:* It is customary for these to occur 24 to 48 hours prior to the patient's appointment, to make sure the patient has remembered his/her appointment. In the event the patient is unable to attend, this provides the practice an opportunity to open the schedule for another patient.

Unanticipated no-shows can also impact the drug reconstitution process, resulting in potential vial wastage and patient charges. Also, for those patients whose drug is provided via a Specialty Pharmacy (SP), vials are named per patient; therefore, it is particularly important that these vials are not opened prematurely.

Many practices today have moved toward more automated systems, utilizing email and text messages. However, it is important to confirm with patients that they can receive these types of communications. There are several ways this can be done, so it is important to identify which method(s) will be used in the practice:

- Telephone calls
 - Email
 - Text messages
- *No-show calls:* In the event a patient misses an appointment, it is essential that the practice has a protocol in place to reengage the patient. Consider the following:
 - Contact the patient within 24 hours of the missed appointment.
 - Determine the reason for the missed appointment. If it is a simple case of the patient forgetting, reschedule as soon as possible. If there is another reason, attempt to explore further and set appropriate expectations. Offer a time for the patient to come in and discuss the matter further with the physician.
 - If unable to reach the patient, send a follow-up letter or email reminding the patient to contact the practice to reschedule the appointment.
 - If no response to calls or a letter, contact the primary care physician to attempt to reengage the patient.

Indications (continued)

Cervical Dystonia

BOTOX® is indicated for the treatment of adults with Cervical Dystonia to reduce the severity of abnormal head position and neck pain associated with Cervical Dystonia.

Blepharospasm and Strabismus

BOTOX® is indicated for the treatment of Strabismus and Blepharospasm associated with dystonia, including benign essential blepharospasm or VII nerve disorders in patients 12 years of age and older.

Primary Axillary Hyperhidrosis

BOTOX® is indicated for the treatment of severe primary axillary hyperhidrosis that is inadequately managed with topical agents.

Please see additional Indications and Important Safety Information on following pages.

Retreatment implementation plan

This template is designed to guide the implementation of retreatment protocols for all appropriate patients who may be candidates for BOTOX® as a treatment option, and it is intended to be modified and customized as needed.

CONSIDERATIONS	METHOD	RESPONSIBLE PARTY	COMPLETION DATE
1. Set appropriate patient expectations for retreatment with, and reinforce through, the patient journey.			
2. Ensure patient is scheduled for the next appointment during check-out.			
3. Develop follow-up communication processes for retreatment.			

Indications (continued)

Limitations of Use

The safety and effectiveness of BOTOX® for hyperhidrosis in other body areas have not been established. Weakness of hand muscles and blepharoptosis may occur in patients who receive BOTOX® for palmar hyperhidrosis and facial hyperhidrosis, respectively. Patients should be evaluated for potential causes of secondary hyperhidrosis (eg, hyperthyroidism) to avoid symptomatic treatment of hyperhidrosis without the diagnosis and/or treatment of the underlying disease.

Safety and effectiveness of BOTOX® have not been established for the treatment of axillary hyperhidrosis in pediatric patients under age 18.

Please see additional Important Safety Information on following pages.

IMPORTANT SAFETY INFORMATION (continued)
ADVERSE REACTIONS (continued)**Pediatric Lower Limb Spasticity**

The most frequently reported adverse reactions following injection of BOTOX[®] in pediatric lower limb spasticity include injection-site erythema, injection-site pain, oropharyngeal pain, ligament sprain, skin abrasion, and decreased appetite.

Cervical Dystonia

The most frequently reported adverse reactions following injection of BOTOX[®] for Cervical Dystonia include dysphagia (19%), upper respiratory infection (12%), neck pain (11%), and headache (11%).

Blepharospasm

The most frequently reported adverse reactions following injection of BOTOX[®] for Blepharospasm include ptosis (21%), superficial punctate keratitis (6%), and eye dryness (6%).

Strabismus

The most frequently reported adverse events following injection of BOTOX[®] for Strabismus include ptosis (15.7%) and vertical deviation (16.9%).

Primary Axillary Hyperhidrosis

The most frequently reported adverse events (3%-10% of adult patients) following injection of BOTOX[®] for severe primary axillary hyperhidrosis in double-blind studies include injection-site pain and hemorrhage, nonaxillary sweating, infection, pharyngitis, flu syndrome, headache, fever, neck or back pain, pruritus, and anxiety.

Postmarketing Experience

Adverse reactions that have been identified during postapproval use of BOTOX[®] are discussed in greater detail in Postmarketing Experience (Section 6.3 of the Prescribing Information).

There have been spontaneous reports of death, sometimes associated with dysphagia, pneumonia, and/or other significant debility or anaphylaxis, after treatment with botulinum toxin. There have also been reports of adverse events involving the cardiovascular system, including arrhythmia and myocardial infarction, some with fatal outcomes. Some of these patients had risk factors including cardiovascular disease. The exact relationship of these events to the botulinum toxin injection has not been established.

DRUG INTERACTIONS

Co-administration of BOTOX[®] and other agents interfering with neuromuscular transmission (eg, aminoglycosides, curare-like compounds) should only be performed with caution as the effect of the toxin may be potentiated. Use of anticholinergic drugs after administration of BOTOX[®] may potentiate systemic anticholinergic effects. The effect of administering different botulinum neurotoxin products at the same time or within several months of each other is unknown. Excessive neuromuscular weakness may be exacerbated by administration of another botulinum toxin prior to the resolution of the effects of a previously administered botulinum toxin. Excessive weakness may also be exaggerated by administration of a muscle relaxant before or after administration of BOTOX[®].

For more information on BOTOX[®], please see the accompanying full [Prescribing Information](#), including [Boxed Warning](#) and [Medication Guide](#).